

Parkway School District Therapist Referral List

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Name:	Address:	Phone Number:	Email:	Website:	Specialties-Age Group:	Specialties - Type of Issue	Payment	Price/ Insurances Accepted
Amy Brown MSW, LCSW, RPT-S	301 Sovereign Ct. Suite 211 Ballwin MO 63011	636-697-5892	amy@amybrowncounseling.com	www.amybrowncounseling.com	Elementary, Middle, High School, Family	Play Therapy, Anxiety, Depression, Grief, Divorce, ADHD, Anger, Family Conflict, teens in Crisis, Substance Use Disorders	Private Pay	\$125
Elizabeth Ernest , LMSW and PLMFT	10845 Olive Blvd., Suite 150 St. Louis, MO 63141	812-454-6913	elizabeth@mindfulstl.com	https://mindfulstl.com/	Pre-K, Elementary, Middle, High School, Family	OCD; trauma; anxiety; family; divorce	Sliding Scale	110-70
Kara Friedman MS, Ed.S	222 S. Meramec Ave. Clayton Ave Suite 202	314-669-5580	kara@karafriedmancounseling.com	www.karafriedmancounseling.com	Middle, High School, Family	Anxiety, Perfectionism, Low Self- Esteem, Transitions, OCD, BFRBs, Depression,	Private Pay	\$150 and sliding scale options
Lee Bascom BA, MSW	1121 Olivette Executive Pkwy Ste. 205 63132	314-991-9058	lee@leebascom.com	www.leebascom.com	Pre-K, Middle, Family	anxiety, transitions, special education, family illness, grief, parenting	Private Pay	BC/BS, United, Aetna, Cigna, private pay
Tanya Crews MS IN COUNSELING AND CRIMINOLOGY	16100 Chesterfield Parkway West. Suite 215	636-728-0510	TANYALCREWSTRI@ME.COM	www.psychologytoday.com	Pre-K, Elementary, Middle, High School, Family	Everything except eating disorders	Private Pay	All Insurance accepted, except state products
Peter Bogart MEd	651 Alexandra Dr.	314-403-2611	peterbogartipc@gmail.com	www.allintherapyllc.com	Elementary, Middle, High School, Family	Family Therapy, Anger, ADHD, Autism, Bipolar, Depression, Anxiety	Private Pay	\$150 individual therapy \$175 family therapy
Laurie Furman MS, MSW, LCSW	11715 Administration Drive, Suite 101; St Louis, MO 63146	314-993-7616	Laurie@lauriefurman.com	https://lauriefurman.com/index.htm	Pre-K, Elementary, Middle, High School, Family	Grief/loss, trauma/PTSD, divorce/blended family, social skills, peer relations, family issues, self-esteem, ADHD, parenting	Private Pay	Blue Cross/Blue Shield (Anthem)
Dan Weinstein Psy.D., M.S., B.A.	1134 S. Brentwood Blvd. Suite 975 St. Louis, MO 63117	314-721-7201	dan@doctordanw.com	www.doctordanw.com	Middle, High, Family	Anxiety, Depression, ADHD, learning/school challenges, relationships, communication	Private Pay	\$295/\$220 no insurance, limited number of sliding scale spots
Rachael M Livasy MAPC	11709 Old Ballas Road, Ste 203	636-288-6006	info@stillmovecounseling.com	www.stillmovecounseling.com	Middle, High, Family	suicide, self harm, anxiety, school refusal, PTSD, depression, emotional and behavioral dysregulation	Private Pay	\$67-130/session Aetna, Cigna, SSM Wellfirst, UHC, Anthem, Medicare,
Rachel Kalina BA, MSW	745 Craig Rd Suite 301A, St Louis, MO 63141	314-414-3385	rachel@rachelkalinalcsw.com	www.rachelkalinalcsw.com	Middle, High, Family	ADHD, Anxiety, Depression, life transitions, gender identity	Private Pay	United Healthcare/UMR
Taylor Paschal LMSW	955 Executive Parkway Dr, St. Louis MO 63141	314-598-7693	tpaschal@westcountybehavioral.com	https://westcountybehavioral.com/	Elementary, Middle, High School, Family	anxiety, ADHD, behavioral issues, blended families, social struggles	Private Pay	none
Dominique Begnaud Master's in Art Therapy Counseling	2929 South Jefferson Ave.	314-328-0808	createplaygrowtherapy@gmail.com	www.createplaygrowtherapy.com	Pre-K, Elementary, Middle, High School, Family	depression, anxiety, communication disorders, eating disorders, attachment, ADHD/ADD	Private Pay	\$65- 30 minute session \$125-50 minute session \$160-50 minute session \$190-90 minute session (sliding scale available on a case-by-case basis)
Rose R Trevino MA	11709 Old Ballas Rd.	636-647-9808	connectedfamilycounseling@gmail.com	www.connected-family.com	Pre-K, Elementary, Middle, High School, Family	Behavioral and attachment issues	Private Pay	UHC, UMR
Kelsey Torgerson Dunn , LCSW MSW	8000 Bonhomme Ave. Suite 412	314-339-7640	kelsey@compassionatecounselingstl.com	compassionatecounselingstl.com kelseyorgersondunn.com	High School	Anxiety-driven anger, perfectionism, stress, and overwhelm. Trauma.	Private Pay	\$300/45 minute session
Christine Elder M.Ed. in Counseling and Personnel Services concentration in Art Therapy	9334 Berry Ave.	502-645-4416	christine@mindfulstl.com	https://mindfulstl.com/providers/christine-elder-m-ed-clt/	Elementary, Middle, High School	Those seeking services for anxiety, trauma, self-esteem issues, depression, behavioral concerns, social skills, school-related concerns	Private Pay	\$110/session, sliding scale starting at \$85, currently PLPC and not currently taking insurance
Stephanie Williams MSW		314-329-7107	stephanie@playtherapystlmo.com	www.playtherapystlmo.com	Pre-K, Family	Play Therapy, FirstPlay - Infant Play Therapy, Providing support to parents and their children ages 0-5	Private Pay	On website
Crystal Kwentus MA in Art Therapy Counseling	7937 Big Bend Blvd. Webster Groves, MO 63119	314-596-2054	crystal@creativesolutiontherapies.com	creativesolutiontherapies.com	Pre-K, Elementary, Middle, High School, Family	Art Therapy, Play Therapy, Experiential Processing.	Private Pay	\$120/hr
Joann Elliott M.Ed. , Counseling	206A N Clay, Suite 2C, Kirkwood, MO 63122	314-384-3134	joann@cct-stl.com	www.cct-stl.com	High School	College Counseling; Career Counseling; Life Coaching	Private Pay	N/A
Dr. Lena Pearlman PhD , MSW, BSW	655 Craig Road, Suite 300, Creve Coeur, MO 63141	314-942-1147	doctor@stlmentalhealth.com	https://stlmentalhealth.com	Elementary, Middle, High School, Family	Anxiety, Depression, Stress, Relationship & Other Mental Health Concerns.	Private Pay	We provide an itemized receipt for clients to submit directly to their insurance.

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Rebecca Dougherty , LCSW, C-MHIMP MSW, BSW	655 Craig Road, Suite 300, Creve Coeur, MO 63141	314-942-1147	receptionist@stmentalhealth.com	https://stmentalhealth.com	Pre-K, Elementary, Middle, High School, Family	Anxiety, Depression, Stress, Relationships & Other Mental Health Concerns	Private Pay	We provide an itemized receipt for clients to submit directly to their insurance.
Dr. Bryan Pearlman , EdD, LMSW Doctoral Degree, MSW, MED, BSED	655 Craig Road, Suite 300, Creve Coeur, MO 63141	314-942-1147	bryan@stmentalhealth.com	https://STL.mentalhealth.com	Pre-K, Elementary, Middle, High School, Family	Anxiety, Depression, Stress, Relationships & Other Mental Health Concerns	Private Pay	We provide an itemized receipt for clients to submit directly to their insurance.
Katie Fischer , LPC, RPT, BA in Elementary Education, MA in School Counseling	2046 Queens Brooke Blvd. St. Peters MO 63376	636-223-5230	katie.fischer@stayandplaycounseling.com	www.stayandplaycounseling.com	Pre-K, Elementary	Play Therapy/anxiety, depression, acting out/tantrums, medical issues, divorce/separation, trauma, school issues, behavioral issues	Private Pay	\$105 per session no insurance accepted
Susie McGaughey MA	8000 Bonhomme Ave Suite 412, Clayton MO 63105	314-339-7640	hello@compassionatecounselingstl.com	https://www.compassionatecounselingstl.com/	Pre-K, Elementary, Middle, High School	Behavioral health therapy	Private Pay	\$205/ 45 minute session
Molly Shaffer MA	8000 Bonhomme Ave Suite 412, Clayton MO 63105	314-339-7640	hello@compassionatecounselingstl.com	https://www.compassionatecounselingstl.com/	Pre-K, Elementary, Middle, High School	Behavioral health therapy	Private Pay	\$205/ 45 minute session
Brandi Wilson MA	8000 Bonhomme Ave Suite 412, Clayton MO 63105	314-339-7640	hello@compassionatecounselingstl.com	https://www.compassionatecounselingstl.com/	Middle School, High School	Behavioral health therapy	Private Pay	\$205/ 45 minute session
Susan Berg M.Ed	662 N New Ballas Road Creve Coeur MO 64141	314-503-6966	susie@soundmindtherapy.com	Soundmindtherapy.com	Middle School, High School, Family	anxiety, depression, bullying, life transitions, self-esteem/worth, empowerment	Private Pay	\$175 individual/HSP
Evonne Weinhaus SCSW/LPC	662 N New Ballas Road, Creve Coeur MO 63141	314-499-9144	Evonne@soundmindtherapy.com	Soundmindtherapy.com	High School, Family	anxiety, depression, bullying, solution focused, family systems	Private Pay	\$150 individual/ HSA
Madeline Senay MSW	662 N New Ballas Road, Creve Coeur MO 63141	314-499-9144	Madeline@soundmindtherapy.com	Soundmindtherapy.com	Middle School, High School, Family	Anxiety, depression, bullying, self-worth, trauma	Private Pay	\$150 individual/HSA
Alexa Nyktas BA in Psychology and MA in Clinical Mental Health Counseling	16020 Swingley Ridge Rd	314-266-5293	alexa.inspirechangestl@gmail.com	inspirechangecounseling.org/alexa-nyktas/	Elementary School, Middle School, High School	Depression, Anxiety, Suicidal Ideation, Self Harm, Anger, self esteem.	Private Pay	\$120 a session or I accept United Healthcare
Michael Knobloch PsyD	1129 Macklind	314-534-0200	michael.knobloch@uhsinc.com	www.SLBMI.com	Elementary School, Middle School, High School	AD/HD testing, neuropsychological testing	Private Pay	Most common insurances
Hybrie Bishop MSW	Telehealth only	314-246-9267	contact@akomahealingandconsultation.com	www.akomahealingandconsultation.com	High School	Trauma, anxiety, life transitions, relationship issues	Sliding Scale	\$70-90 self pay. Anthem, Cigna, Medicaid, United Health Care, Optum, Homestate
Tanner Meyer BA sociology/anthropology; MSW; LMSW	1010 Hi Pointe Pl, 6, St. Louis MO 63117	314-610-9269	Tmeyer@chesterfieldca.com	Chesterfieldca.com	Elementary School, Middle School, High School	Grief and bereavement, anxiety, depression, suicidality, OCD, bipolar disorder	Private Pay	\$60-\$120
Karen Hampton Ph.D.	331 N New Ballas Rd. PO Box 411788	314-432-5036	karenhamptonphd@yahoo.com	www.karenhamptonphd.com	Elementary, Middle, High School, Family	ADHD/ADD, Anxiety, Depression, Mood disorders, Adjustment, Behavior problems	Private Pay	Anthem BCBS, Cigna, UHC, UMR, Healthlink, Mentain, PHCS, TriCare. Please call or email for details.
Step By Step Counseling	2081 Collier Corporate Pkwy St Charles MO 63303	636-255-0002	info@StepByStepCounselingLLC.com	www.StepByStepCounselingLLC.com	Pre-K, Elementary, Middle School, High School, Family		Sliding Scale	\$90-\$150/session, medicaid, aetna, United Health care, UMR, SSM
Karen Banks Master's	6365 Clayton Rd. Clayton, MO 63117	314-400-8211	info@trinitywellnessstl.com	www.TrinityWellnessStl.com	Pre-K, Elementary S chool, Middle School, High School, Family	We can see a large variety of concerns at our group practice.	Sliding Scale	\$0-\$120
Kathy Simmons M.Ed. Clinical Mental Health Counseling	14137 Clayton Road, Town & Country 63017	314-579-1612	kathy@getcenteredcounselingstl.com	https://getcenteredcounselingstl.com/	Pre-K, Elementary, Middle, High School, Family	Anxiety, OCD, Depression, School stress, Life transitions, Grief, Family conflict, Parenting/Caregiver needs	Private Pay	Individual Cslg \$135/50min; Family Cslg \$150/50min
Jamie Helmos MAEd in Counseling, BA in Child and Family Development Emphasis in Child Life and Minor in Psychology	2634 Highway 109	636-253-3897	jamiehelmos@gmail.com	www.balanceandbloomcounselingstl.com	Pre-K, Elementary, Middle, High School,	Grief, Anxiety, Medical Trauma	Private Pay	80.00/session
Liz Schwarz MA Counseling Services BA Psychology	1810 Craig Road, Suite 203 St. Louis, MO 63146	314-406-7475	easchwarz@att.net	N/a	Pre-K, Elementary, Middle, High School, Family	Adjustment disorders, Anger Management, Anxiety, Depression, Family issues, School issues, Self-Esteem, Stress	Private Pay	Aetna, Anthem Blue Cross/ Blue Shield, Cigna

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Natalie Coriell MA Art Therapy Counseling	2026 S. Big Bend Blvd. Richmond Hghts., MO 63117	314-485-9164	natalie@nataliecoriell.com	www.nataliecoriell.com	Middle School, High School	trauma, anxiety	Private Pay	160
Michael Bournstein Master of Education in Counseling	12015 Manchester Road, Des Peres, Mo 63131	314 328 5701 ext 200	michaelb@thinkwellcounseling.com	www.thinkwellcounseling.com	Middle School, High School, Family	Gender Dysphoria/LGBTQIA+	Private Pay	100 per hour, Cigna and Aetna
Eric Barnhart Masters in Education, Masters in School Counseling with professional certification	500 Huber Park Court Suite 203, St. Charles, MO, 63304-8683	314-221-5096	growthandgritcounseling@gmail.com	https://www.psychologytoday.com	Middle School, High School	LGBTQIA+, Anxiety, Depression, Relationships, Communication, General	Sliding Scale	Sliding Scale
Robin Giden-Kennedy M.Ed		314-690-8621	robin@powerofconfidence.org		Middle School, High School	Depression, anxiety, suicidal ideation, racial identity, academic pressure	Sliding Scale	Sliding Scale
Bloom Educational Support Counseling - Emma Goldberg BA in Psychology, SLU; M.Ed in School Counseling, UMSL; Ed.D in Educational Leadership, SLU	7217 Watson Rd. PO Box 191041 St. Louis, MO 63119	(314) 762-1716	Emma@bloomesc.com	Www.bloomesc.com	Elementary, Middle, and High School	School Avoidance and Refusal	Private Pay	United, Cigna
Elizabeth Ernest, LMSW, PLMFT, MSSW, MSCFT		812-454-6913	elizabeth@mindfulstl.com	www.mindfulstl.com	Pre-K, Elementary, Middle, High School, and Family	OCD; divorce; play therapy; family	Private Pay	60-110
Sarah Saffold MSW	9655 Huron Drive	314-277-5312	sarahsaffold@gmail.com	www.mindfulstl.com	High School, Family	Anxiety, social anxiety, OCD, depression, life transitions, identity work, individuation	Private Pay	\$110/session
Christine Elder PLPC	10845 Olive Boulevard Creve Coeur, MO 63141	314-561-9757	info@mindfulstl.com	https://mindfulstl.com	Elementary, Middle, and High School	Anxiety, Social Skills, Depression, Coping, ADHD, Self-Esteem, School and Peer-related Issues, Behavioral Concerns, Transitions, Trauma/PTSD	Private Pay	\$110, slide scale upon request starting at \$85
Tyler Witzig MSW; Masters in Higher Education	10845 Olive Boulevard Creve Coeur, MO 63141	(314) 886-8645	twitzig@mindfulstl.com	https://mindfulstl.com	High School	Anxiety, Self-Worth, Issues with Motivation, Life Decisions	Private Pay	Self-Pay \$110
Beth Brawley LPC	131 W. Monroe Ave. Suite 5 Kirkwood, MO 63122	(314) 467-0540	beth@lifewithoutanxietystl.com	www.lifewithoutanxietystl.com	Elementary, Middle, High School, and Family	OCD, all anxiety disorders, BFRB's, body image struggles/eating disorders	Private Pay	\$185/50 minute session
Andrew Conrad The Center for Mindfulness & CBT	10845 Olive Blvd, Suite 150 63141	314.561.9050	aconrad@mindfulstl.com	https://mindfulstl.com	High School	anxiety, OCD, depression, trichotillomania, excoriation,	Private Pay	UHC, Cigna
Yvette Pelikan LCSW, RPT	2025 South Brentwood #201-05	314-706-1562	creativecounseling4kids@gmail.com	www.creativecounseling4kidsandteens.com	Pre-K, Elementary, Middle, High School, Family	Anxiety, Depression, ADHD, Developmental Disabilities	Sliding Scale	\$85 per session
Sydnee Maberry BSW; MSW	10845 Olive Blvd. Ste. 150 Creve Coeur, MO 63141	(314) 561-9757	Sydnee@mindfulstl.com	https://mindfulstl.com/	Elementary, Middle, and High School	Anxiety, Panic Disorder, Depression, Oppositional Defiant Disorder (ODD), Body-Focused Repetitive Behaviors (BFRBs), Trauma, and trauma related disorders.	Private Pay	\$110 Self Pay, Unfortunately I am unable to accept insurance at this time.
Kerry Gallagher M.Ed. in Counselor Education; BS in Psychology	131 W. Monroe Ave, Suite 5, St. Louis, MO 63122	314-370-1949	kerry@lifewithoutanxiety.com	lifewithoutanxietystl.com	High School, Family	OCD, Generalized Anxiety, Panic Disorders, Social Anxiety, BFRB	Private Pay	\$150/50 minute session
Kathryn Schormann MA Professional Counseling	485 WILDWOOD PKWY STE 3	314-252-8220	greenleafmonarch@gmail.com	monarch-therapies.com/ greenleafstl.com	Pre-K, Elementary School, Middle School, High School, Family	ADHD, depression, anxiety, LGBTQ issues, t rauma, transitions, couples therapy, play therapy, youth athletes,	Private Pay	Private pay range based on experience and licensure: 60-125 Accepted Insurances: Anthem, Cigna, UHC, Magellan, Humana, Aetna, ComPsych
Nicole Buesse MA School Counseling and Professional Counseling	2634 Hwy 109, Ste E Wildwood, MO	636-393-8771	Nicolebcounselingservices@gmail.com	Www.nicolebcounseling.com	Middle School, High School	Anxiety/Perfectionism, Depression, Grief, Self Harm, Suicide	Private Pay	\$75/session
Autism Support Now, LLC	333 Ozark Trail Drive, Suite 50 Ellisville, MO	913-379-1657	tfatino@autismsupportnow.com	www.autismsupportnow.com	Pre-K, Elementary, Middle, High School, Family	ABA, SOCIAL WORK		All major insurances (e.g., Medicaid, UHC, Cigna, Aetna, BCBS)

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Diversified Health and Wellness Center PhD, BCBA's	11042 Manchester Road, Kirkswood, MO 63122	314-698-4266	info@diversifiedhwc.com	www.diversifiedhwc.com	Elementary, Middle, High School, Family	LGBTQIA+, PTSD, Trauma, Depression, Anxiety, Grief, Adjustment Issues, Relationship Issues, Family of Origin Issues, Marriage and Family Therapy, Divorce, ADHD, Self Esteem, Social Skills, and Groups	Sliding Scale	\$0 - \$30 (Non-Profit, Must Qualify), \$40 - \$80 (Sliding Scale, No Insurance), Insurances Accepted: Anthem BCBS, Medicare, UHC, Optum, Cigna, HealthLink, Aetna, UMR
Elena Switzer MASW	412 S. Clay	314-626-3122	switzerph@gmail.com		Pre-K, Elementary, Middle, High School, Family	Children and families - depression, anxiety, grief/loss, family conflicts	Sliding Scale	\$60-110/hr.
Dr. Laura Bumberry @ Partners in Wellness PsyD	250 Blackmer Pl	314-736-5446	laura@partnersinwellnessstl.com	www.partnersinwellnessSTL.com	Middle School, High School, Family	Eating disorders, excessive exercise, binge eating, body image	Private Pay	180/session
Kristin Kneidler and Counselors Associates Ltd MS in clinical counseling psychology	225 S Meramec Ave, Clayton, MO	314 282 2500	referral@counselorsassociates.com	counselorsassociates@gmail.com	Elementary, Middle, and High School	Anxiety, Depression, OCD, Relationships, Stress, Anger, Social skills, Trauma, Behavior Grief	Private Pay	\$125-\$175/session BCBS ANTHEM TRICARE LIVE360 CIGNA AETNA